### **BEST PRACTICE 2: DISTRIBUTION OF NUTRITIOUS FOOD**

Best Practice: 2

Title of the Practice:

## **Distribution of Nutritious food:**

# Objectives of the practice:

- To provide the students of Government Degree College for Women, Madanapalle with nutritious food.
- To develop value of donating food to the needy.
- To make the staff and the students develop empathy.
- To encourage the staff and the faculty to donate food on their birth and wedding anniversaries etc.,

#### The context:

Government Degree College for Women, Madanapalle has its own unique best practices. One of them is the distribution of fruits to the students every Wednesday with the contribution of the faculty. Most of the students are from rural poverty-stricken families who do not take nutritious food regularly. As a result, many of them are falling prey to anemia and vitamin deficiency. Recognizing the problem the staff club of the college started contributing some amount for the distribution of bananas and other fruits to all the students every Wednesday.

Further, the birth and the wedding anniversaries of the faculty and their kith and kin are celebrated with the students by arranging nutritious lunch to all students in the campus. Even the students, who can afford, are also encouraged to celebrate their important days and distribute any kind of food to all the students. Moreover, a hand full of rice is collected from every students and the accumulated rice is cooked with some other cereals for the distribution.

## The Practice:

- Distribution of bananas, watermelon and other seasonal fruits every Wednesday.
- The practice targets to help the poor students not to fall sick from anemia and vitamin deficiency.
- All the members of the faculty contribute some amount every month with which fruit/food is purchased for distribution.
- The staff and the students, further, extend their service to feed the needy and the hungry with the excess food near the vegetable market and the hospital.
- The packed food is donated to the poor people outside the campus.
- The institution teaches the students to lend a helping hand to the poor and the needy by such an activity.



